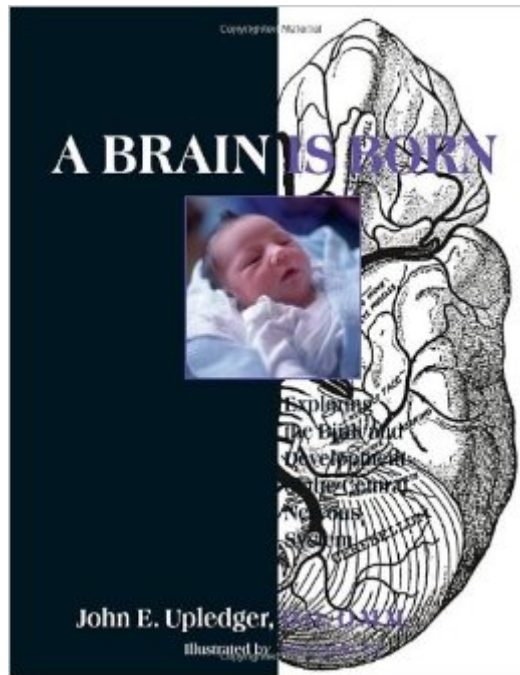


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# A Brain Is Born: Exploring The Birth And Development Of The Central Nervous System



## Synopsis

Witness the dramatic unfolding of the human form in all its potential. Join John E. Upledger, D.O.,O.M.M., as he takes you from the first union of sperm and egg through the development of the complex circuitry that makes up the human brain. You'll learn about birth, growth, function and dysfunction, and how all these aspects influence physical, mental, and emotional well-being. You'll discover problems that can alter brain and spinal cord development in each of the first eight weeks of pregnancy, and then monthly right through delivery. Perhaps most importantly, Dr. Upledger outlines a series of simple physical tests that can help determine the status of a baby's central nervous system and, to some extent, the peripheral nervous system. Then he shows you, step-by-step, how potential problems might be treated using CranioSacral Therapy and related therapeutic approaches. This breakthrough book empowers parents with knowledge to help them make practical decisions concerning the health of their children. And it crosses the boundaries of many disciplines, including embryology, obstetrics, pediatrics, neurology, and CranioSacral Therapy. A Brain Is Born is as valuable to expectant parents as it is to those who work with children every day.

## Book Information

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## Customer Reviews

Very informative, simple terms, simple pictures that are good for helping comprehension and easy remembering. Excellent for body workers working with children, and those practicing Cranio Sacral Therapy. There's a bad review of the book on here, and I can see that person's point of view... however, I think you need to understand that this is a textbook and foundation for one of Upledger's

classes. It's not really rainy day reading, nor is it a medical text. Nor is it "advertising." It is, however, typical Upledger teaching style, and for those interested in learning or studying Upledger's work, this one is a great book to add to the collection.

I found this book to be an excellent source of information valuable to all parents interested in the brain function of their children. Dr. Upledger has a way of taking complicated subjects and making them understandable to non medical people like myself. I found the cartoon drawings very helpful in bringing humor and easing what could be overwhelming or "scary" medical information.

Dr. Upledger's "Brain Is Born" proves a delightful read for the curious expectant mother. This book is designed to give the lay reader detailed insight into how a baby is created and develops from fertilization until the baby is born. I found this work fascinating. The whole time I read the book, I reminded myself to make sure and read this book when I'm pregnant. Each week Dr. Upledger tells you what part of your baby's brain and body is growing and how your health and emotions can affect this growing process. The frequent drawings, while not technical, serve to lighten up a subject-neurology- that would otherwise prove daunting for some readers. If you're a super curious pregnant mother that wants to be well informed about your growing baby, you'll want to read this book.

The best thing about A Brain Is Born is the fact that Dr. Upledger wrote it in plain and simple language and he accompanies the written with wonderful illustrations. The print is large and it is easy to read and understand. And the information is incredible. He starts at conception and follows the development of a baby and how especially the brain and central nervous system is formed. And I love how he also explains at what stage of development certain birth defects might be formed at. For example, Spina bifida. I would challenge any person who believes in abortion to read this book and see what is really happening inside a mother's womb. Truly a baby is being formed... EVERY single day from conception on.

An excellent resource book for development and function of the nervous system. Written in an easy to understand language with great illustrations to accompany otherwise complex functions within the human body.

Thank you Dr. John! Your voice rings so clear and true, again and again, page after page, giving us

the "darshan" of the nervous system and the brain!

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